CMATVA has a full calendar of monthly guided rides, events, and activities that offer members plenty of opportunity to enjoy Pennsylvania’s great outdoors. These members are enjoying Tour for Elk Ride during one of the association’s favorite theme rides.

**Come ride with us**

**Our 2019 calendar is loaded with exciting rides and events.**

One of the things we started five years ago was planning our monthly rides out on a yearly schedule. This way our members can plan on which rides they want to participate. We have some members plan their vacations around some of the long weekend rides such as the Potter County Memorial Day weekend ride, or the Mountain Ridge Labor Day weekend camping ride.

We plan one big ride each year out of state. In 2018, a group of us rode the Hatfield & McCoy trail, Devil Anse, Buffalo Mountain and Rock House in West Virginia. We would highly recommend anyone going there stay at the Devil Anse Resort. In 2019 we are planning a trip to Wind Rock ATV Park in Tenn. Check our ride schedule for more details.

One of our other big rides in 2018 was the annual “Tour for Elk and Toy Drive.” We had over 400 riders participate in two days of touring Bennezette Township roads and viewing groups of elk. Over 300 elk were seen over the two days. This year, over 450 toys were collected for the Clinton County area, which “Mark the Shark” included in his Christmas toy program.

A few years back we added two food drive rides. One was part of our annual “Hobo Soup Ride” and the second was part of our annual “Renovo Vista Ride” on the Charles property. We collected hundreds of food items, which we donated to the Clinton County Women’s Center.

The CMATVA Mileage Club was started in 2013. We keep track of every mile our members ride with our association. Then once a year we award the mileage bar that the members earned for that year in 250-mile intervals. Since we started the mileage club our members have rode over 240,940 miles.

If you would like to join us for one of our association rides, check out the event calendar on our website. We allow everyone a free ride with the association before they join to see what our association is all about. Visit our website to download forms for membership and association merchandise. [http://cmatva.org](http://cmatva.org)

**New for 2019:**

1. **Join or renew your membership online and pay for your membership through Pay Pal at this link:**
2. **Get into the spirit and order association merchandise at this link:**
Renovo ATV Cruise for A Cure 2019

Renovo ATV Cruise for A Cure June 2018, which our association sponsors for the Bucktail Medical Center's Relay for Life team, attracted 375 participants. This was the 9th annual fundraiser that raised over $15,000 to fight cancer.

2019 will be bigger and better than ever. Our trail committee has already mapped out the route. The biggest change in 2017 was holding the event in the Flaming Foliage lot and having the parking area next to Bucktail Medical with the primitive camping behind Bucktail near the pond. This year, the first leg of the ride will head toward Whiskey Springs ATV Trails from Renovo and from there on to Quiet Oaks Campground and back to Renovo with a favorite stop at Renovo Vista.

June 8th is the date for this year’s event. Tickets will be available soon – so watch our website and Facebook pages for info.

Follow plans for the event at https://www.facebook.com/groups/renovoatvcruiseforacure/

ATV Initiative
Objective:
Connect communities and four DCNR ATV Trail Systems in Northcentral PA to boost the economy through increased tourism. It was just four short years ago when some folks from the Central Mountains ATV Association and the Snow Shoe Rails to Trails met with the DCNR and other local legislators, tourism committees, business owners and residents to present their dream of creating a network of legal riding here in Pa like the Hatfield McCoy Trail System in WV.

To date the CMATVA has helped legalize and sign 688 miles of legal riding in Pa. The goal with the help of Governor Wolfs recent signing of the Fiscal Code HB 1929 is to have 1400 miles of legal riding running from the Snow Shoe Rails to Trails the whole way to the NY state line by 2024. One of the first phases of the development is to link the Bloody Skillet to the Whiskey Springs state trail system through the town of Renovo to be completed by April of 2020.

CMATVA also joined together with Snow Shoe Rails to Trails to cover the cost of signage to any township that opens their roads. Much of our work has focused on mapping the existing roads and trails that have the potential to connect towns, villages, and landmarks. Recently, we have worked on mapping out all the open township roads in Potter County and connecting them to Denton Hill trail system and Cross Fork. In 2018 we have expanded into Clearfield and Tioga Counties. We thank the SSRTA for joining with our association on this venture. We also are grateful for the support PAOHV has provided in resources and contacts. The last couple of years have been very productive and we expect big things for the future. Please stay tuned.

Membership
CMATVA Continues to Grow

Our association was started in 2002 by Lynn Probst and Wayne Yahn. They set the bar on how our association should operate and run with guidelines for us to follow. They both were great leaders of CMATVA. We respect and thank them for the values they set for us to follow.

We started 2018 with 1476 members and ended the year with 1775 members. We think our association's growth has come from having a good leadership TEAM, from providing two guided rides every month, and from extra weekend rides that involve camping. As the association was in the beginning, we remain an association that likes to ride. Members receive regular updates on rides and association news via email, Facebook, and the CMATVA website.

We still have some Chairperson positions open as we move into 2019, please contact Henry if you are interested.

Check out more coverage from our rides on our You Tube Channel at this Link:
https://www.youtube.com/channel/UCacczifOCXAlue39D071WMQ?view_as=subscriber
Fund Raisers Coming in 2019
We had our first Poker Chip Run at SSRTA on Jan. 5th sponsored by Bestline Powersports, with 5 stops and $600.00 in prize money. You pull a poker chip at each stop and all winning chips pay cash at each stop. Each bucket has Poker chips worth $5, $10, & $25. One of the buckets has a gold chip worth $100.00 Our Second fund raiser will also be at SSRTA with a Dice Run sponsored by Truck Stuff & More on April 27th, riders will travel to 5 different stops to roll the dice. At the end of the 5 stops we will total everyone’s cards and the high and low rollers will both win $200.00 each. Our third fund raiser will be a Poker Chip Run on Aug. 3rd. Sponsored by Brooks Powersports. You could start from either end of the poker chip run Quiet Oaks Campground or Potter County Family Campground with five stops between the two campgrounds. At all seven stops, you draw a poker chip. There will be a chance to win $5, $10, and $25 winning poker chips at each stop & one of the stops has a $100 gold poker chip. All fundraisers have a $20.00 entrance fee which for the SSRTA fund raisers includes your meal.

CMATVA Raffles for 2019: We will be having our yearly raffle of Dealer gift cards with $100.00 value each donated from Bestline Powersports, Dotterrer Equipment, C.H. Waltz, Carnes Equipment, & Williamsport Honda. We will also have some great items donated from Crystal Beverage. The raffle tickets will sell for $1.00 each or 7 tickets for $5.00. The winners will be drawn on August 10th.

NEW for 2019 we are planning to raffle off a side by side. We are still working on the details on which machine and the drawing date. Watch our website and Facebook for details. All our fund raisers and raffles help us pay for our operating expenses, signage for ATV roads and our Hyner property that we need to finish building the parking lot on.

CMATVA awarded Grants in 2018 to purchase a Vendor Trailer: CMATVA would like to thank the Clinton County Community Foundation, Inc., the Clinton County Tourism and the Goulden Touch Foundation for awarding us $5,000.00 each to help us purchase a new 18-foot V-Nose Vendor trailer for working shows, fund raisers and for signage tooling for installing ATV signs on township roads. We will also use the trailer to promote safe ATV riding and ATV youth training. The new trailer we ordered from Truck Stuff and More should arrive in January. We will then take the trailer to Speed Pro to have a wrap put on the trailer with our logo and design on the outside.

CMATVA would like to thank all our sponsors for 2018: We ask everyone to look at our sponsor page on our website. Each of our sponsors logos are linked to there website. With out our sponsors we wouldn’t be able to cover our expenses and promote additional ATV riding areas for everyone.
Hand Signals

How many of you know what those oncoming ATVer’s are doing when they pass you with their fingers in the air? Hand signals will tell the people you meet on the trail how many are in your group. The first rider in the group is responsible for sending the first signal to the oncoming riders, or hikers, horsemen, etc. The hand signal is accomplished by holding up fingers on your left hand to represent the number of machines following yours. All members of the group should participate in sending the hand signals indicating the number of machines to follow. The message is completed by the last rider who indicates that they are the last rider by holding up a closed fist indicating that there will be no riders to follow. For example, Tom leads a pack of six people (Tom, Jim, Ed, Leroy, Dom, and Wayne). Tom meets an oncoming machine and holds up five fingers on his left hand. Jim holds up four fingers, Paul, three fingers, Leroy two fingers, Dom his index finger and Wayne in the rear holds up a fist. If the group is especially large the riders can use a closed fist with the thumb extending behind to indicate more riders are coming. Again, the last rider would hold a completely closed fist signaling he is the last rider.

CMATVA Trail Riding Rules:

- Check in with the group leader.
- Please be next to your machine at least 15 minutes before the group departs.
- Helmets: All riders must wear an approved DOT safety helmet
- Ride with your head lights ON.
- always Keep the person in front & behind you in your sight. If you DO NOT see the person behind you, STOP on the side of the road and wait until you do see them. DO NOT make a turn unless the person behind you sees you make the turn.
- At all rest areas pull off on the side of the trail as far as you can so you are not blocking the trail.
Using the Buddy System
- Use the “buddy system”—make each rider responsible for keeping track of another person.
- Ride in a group of two or more.
- Plan your ride, and leave a copy of your plan at home or with a friend.

Riding Within Your Personal Limits
- Know your personal limits and your abilities, and work within them.
  - Know what you can do—as well as what you can’t do.
  - Don’t try to keep up with your friends. If they are more experienced, you easily can get into situations that are beyond your abilities.
  - Even when you’re experienced, remember that you still don’t know everything. Be prepared for unexpected situations.
- But, if you always stay within your personal limits, how can you develop new skills and abilities?
  - Challenge your limits once in a while. It’s normal to want to try new things. However, do so in practice situations, not out on the trail.
  - Have an experienced rider supervise your practice session and help you if needed.
  - Practice one new skill at a time, and start slowly. Trying to learn too many new things at once can be frustrating and dangerous.

Preparing Yourself Before a Ride
Off-road riding is physically demanding, and riding for hours at a time requires stamina. To enjoy your time on the trail fully, you should:
- Be in good physical condition.
- Get plenty of sleep, and eat nutritious food before and during your ride.
- Drink plenty of water to replace fluids you lose through sweating, even in the cold.
- Avoid riding when you are ill or fatigued, which affects your judgment and reaction time and can lead to serious injury.

Staying Alert To Avoid Fatigue
Long hours of riding added to the effects of motion, wind, engine noise, and vibration cause fatigue. Fatigue impairs judgment, slows reaction time, and can cause accidents. To reduce fatigue:
- Counteract the effects of wind, cold, and rain by dressing properly for the weather.
- Know your endurance limit, and don’t drive beyond it.
- Take a break at least once an hour.

Riding Single File With a Group
- Leave adequate space between vehicles, and maintain a safe speed. If the rider in front of you suddenly applies the brakes, you should be far enough behind to stop or maneuver in time to avoid a collision.
- Calculate safe distances using a reaction time of at least three seconds. As the vehicle in front of you passes an object, count one-thousand-one, one-thousand-two, and one-thousand-three. If you pass that same object in less than three seconds, you should allow more space.
- Be sure everyone performs a pre-ride inspection. Your brakes and brake lights may work, but your safety also depends on the other riders.
- Be sure everyone in the group knows the proper hand signals for turning, slowing down, and stopping. These simple hand signals can prevent serious accidents.
- If you’re not in a group and someone is tailgating you, let him or her pass.